

1. Proposed by the Policy Committee**Addition:** Under REGISTRATION

Respect in Sport for Parents

- (a) In all divisions of lacrosse, one parent and/or guardian of every registered player must have a current certification of the BCLA "[Respect in Sport for Parents](#)" prior to registration. Certification is valid for three years.
- (b) Players failing to have a parent and/or guardian certified with the Respect in Sport for Parents certification will be ineligible to play until certification has been achieved.
- (d) Recertification may be required as a result of disciplinary measures.

RATIONALE:

- Policy is being established to implement the mandatory completion of Respect in Sport for each family, to align with the recommendation of the BCLA.
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2. Proposed by the Policy Committee**Amend:** Under FINANCE - TEAM FUNDS AND BANKING INFORMATION

CURRENTLY READS:

Prior to the 1st league game

- If the player is injured and has formally given up his/her spot on the roster – all seed money is to be returned
- If the player quits the team – must formally give up his/her spot on the roster by providing the coach and manager a letter of resignation – all seed money is to be returned

After the 2nd league game or the passing of the budget or whichever comes first

- All team seed money shall be dealt with equally amongst all original team members and disbursed at the end of the season – all players must remain in communication with the team during the season in regards of team finance.

AMEND TO READ:

- If the player is injured or withdraws and in either case has formally given up his/her spot on the roster, any seed money paid that has not already been spent on the player is to be returned. Example: Clothing/swag, food, tournaments etc.
- If the player moves to another team, any seed money paid that has not already been spent on the player is to be transferred to the new team.
- Any money fundraised on behalf of a team stays with the team if a player is injured, withdraws, or moves to a different team.

RATIONALE:

- Updating policy around seed money and team fundraising to allow more clarity.
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3. Proposed by the Policy Committee

Amend – Under RISK MANAGEMENT - INSURANCE

CURRENTLY READS:

All players, coaches, assistant coaches, and other on-floor personnel including managers and trainers must have BCLA Insurance coverage. Insurance is provided to the JDFLA members upon application through BCLA. Floor time sanctioned by the JDFLA is for the sole use of its members and may not be used, shared or otherwise, by anyone other than the JDFLA registered players, coaches, and officials. As such, JDFLA registered players, coaches and officials practicing on privately rented floors outside of JDFLA sanctioned floor time are not insured by the JDFLA.

Players must never be left unsupervised while on the floor. During practices and games, coaches will ensure that all doors to the floor surface are kept closed to prevent injury to players. Helmets must always be worn on the floor.

AMEND TO READ:

All players, and official team personnel must have BCLA Insurance coverage. Insurance is provided to the JDFLA members upon application through BCLA. ~~Floor~~ Floor/field time sanctioned by the JDFLA is for the sole use of its members and may not be used, shared or otherwise, by anyone other than the JDFLA registered players, coaches, and officials. As such, JDFLA registered players, coaches and officials practicing on privately rented ~~floors~~ floors/fields outside of JDFLA sanctioned ~~floor~~ floors/field time are not insured by the BCLA.

Players must never be left unsupervised while on the ~~floor~~ playing surface. During box season at practices and games, coaches will ensure that all doors to the floor surface are kept closed to prevent injury to players. Helmets must always be worn on the ~~floor~~ playing surface, in accordance with BCLA policy.

RATIONALE:

- Housekeeping, updating wording to include field lacrosse.
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4. Proposed by the Policy Committee

Amend – Under RISK MANAGEMENT - ALCOHOL AND DRUG POLICY

CURRENTLY READS:

No one involved in a lacrosse game or practice should be under the influence of alcohol, tobacco, cannabis, or drugs, nor should any of those substances be consumed before or during a game or practice in or around the arena or box area.

Alcoholic beverages, cannabis and drugs are prohibited at game or practice sites, dressing rooms, or on any vehicle responsible for transporting athletes, coaches, parents, or volunteers.

Furthermore, in game situations where travel is required, no athlete, coach or volunteer associated with the team shall be allowed to consume alcohol from point of departure to point of arrival back at departure site.

Underage players found to be under the influence of drugs, cannabis or alcohol while representing JDFLA will be immediately suspended until JDFLA Executive determine the consequences of the players' actions. If the team is away the player will be immediately returned home at the expense of the players' parents.

AMEND TO READ

- (1) No one involved in a lacrosse game or practice shall be under the influence of alcohol or drugs, nor shall alcohol be consumed before or during a game or practice.
- (2) Alcoholic beverages and drugs are prohibited at game or practice sites and in dressing rooms.
- (3) Underage players found to be under the influence of drugs, cannabis or alcohol while representing JDFLA will be immediately suspended until the JDFLA Executive determine the consequences of the players' actions. If the team is away the player will be immediately returned home at the expense of the players' parents.

RATIONALE:

- Updating JDF policy to mirror BCLA's operating policy.
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5. Proposed by the Policy Committee

Amend: – Under EQUIPMENT - GOALIE GEAR SIZES

CURRENTLY READS:

- Any player that receives an exemption from The LC as well as the written permission of the President of JDF Lacrosse will be eligible to be provided gear from the next larger size category provided it is available.
- Gear will be provided based on LC recognized categories for age groups.
- Appendix A of the Box Lacrosse Rule and Situation Handbook lists the LC Goalkeeper Equipment Specifications.

The 3 categories are as follows:

- Category 1 – Ages --- up to 10 ----- U7, U9, and U11
- Category 2 – Ages --- 11 and 12 --- U13
- Category 3 – Ages --- 13 and up --- U15, U17

All gear provided by JDF Lacrosse Association will comply with LC Goaltender Equipment Standards

For a complete listing of required equipment, BCLA's website.

AMEND TO READ

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- Category 3 – Ages – 13 and up – U15, U17

All gear provided by JDF Lacrosse Association will comply with LC Goaltender Equipment Standards

For a complete listing of required equipment ~~BCLA's website and categories~~, review the [Lacrosse Canada operations manual](#).

RATIONALE:

- Removing outdated categories, BCLA now goes by height, up-to-date categories are available in the Lacrosse Canada Ops Manual.

6. Proposed by the Policy Committee

Amend – Under FLOOR ALLOCATION - FIELD ALLOCATION

Field allocation will be done using the following principals:

1. U5-U9 – preference for earlier time slots in the evenings 5-7 PM weekdays
2. U5 and U7 WILL share field time
3. U9 and above will get dedicated field time
4. U11 and U13 – preference for later time slots in the evenings 7-9PM
5. U15-U18 – preference for late timeslots 9-10PM
6. Standing practice times will be divided evenly first before second standing practices will be given
7. U5 and U7 teams will get shared practice times, 60-minute slots
8. U9 and U11 teams will get individual practice times, 60-minute slots
9. U13, U15, U18 teams will get individual practice times, 90-minute slots - subject to field time availability.

In some cases, dependent on field availability, practice times may be shared in the upper divisions with a priority on individual team practices

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In some cases, depending on field availability **and budget**, practice times may be shared in the upper divisions. ~~with a priority on individual team practices~~

RATIONALE:

- Updating divisions to remove U5 and align with BCLA.

7. Proposed by the Policy Committee

Addition: – Under FLOOR ALLOCATION

OVERARCHING PRINCIPLES

- (1) The association reserves the right to allocate floor and field time within the limitations of the approved budget.
- (2) The association reserves the right to give commissioner approved re-scheduling of league games priority over scheduled practice times.

RATIONALE:

- Implementing overarching principles for floor and field allocation.

8. Proposed by the Policy Committee

Add – Under OFFICIALS - PAYMENT

CURRENTLY READS

Payment for the game officials must be provided prior to the game. Officials must sign the referee payment form as proof of payment and that form must be included in the team financial package at the end of the season.

AMEND TO READ

Payment for the game officials must be provided prior to the game. Officials must sign the referee payment form as proof of payment and that form must be included in the team financial package at the end of the season.

When applicable, mentor or travel fees are paid by the association via e-transfer. The Referee Allocator will submit a weekly report to the JDF Treasurer who will initiate the payments within one week of the date the report is received.

RATIONALE:

- Adding policy around mentor and travel fee payment process.
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9. Proposed by the Policy Committee

Amend: Under PROGRAM GUIDELINE – TEAMS - AGE DIVISIONS

CURRENTLY READS:

Players are divided into divisions based on their age as of December 31st of the year registered.

Divisions are as follows for:

Box Divisions	Field Divisions	Female Field Divisions
U7	U7	U7
U9	U9	U9
U11	U11	U11
U13	U13	U13
U15	U15	U15
U17	U17	U17
JR Female	U19	U19

Players wishing to apply to play in a lower or higher age division must do so in writing to the association President. Players will be evaluated based on size, skill, and other determining factors to consider whether the application will be submitted.

AMEND TO READ

Players are divided into divisions based on their age as of December 31st of the year registered. Divisions are defined by BCLA and available on their website.

Box Divisions	Field Divisions	Female Field Divisions
U7	U7	U7
U9	U9	U9
U11	U11	U11
U13	U13	U13
U15	U15	U15
U17	U17	U17
JR-Female	U19	U19

Players wishing to apply to play in a lower or higher age division must do so in writing to the association Registrar. Players will be evaluated based on size, skill, and other determining factors to consider whether the application will be submitted to BCLA as applicable.

RATIONALE:

- Removing outdated division chart. Updated divisions are on the BCLA website.

10. Proposed by the Policy Committee

Amend: Update under TEAM SELECTION

CURRENTLY READS:

The primary objective in team selection is to make every effort to create equally balanced competitive teams in each division, keeping in mind the values and philosophy of the JDFLA. Well balanced teams ensure that the quality and intensity of the games are satisfactory to all players.

“A” TEAMS

For the “A” Teams for U13, U15 & U17 an Assessment Committee will be formed. Assessment times will be set for late January and February for Box Season and late July and August for Field Season. Assessors that have no connection to JDFLA will be brought in to assess the 3 divisions. Please see “JDF Assessment Process” for details. In the event we have enough players registered for 3 or more teams in any one of these divisions, we will implement the “JDF A1 Tryout Process”.

“B” TEAMS B levels will be done by “Drafts” – selected by coaching staff. If no coach has been appointed members of the executive along with head coach for that division will draft the team.

“C” TEAMS The C levels will be conducted by the BCLA guidelines using the appropriate formula.

U11 TEAMS

All players will be assessed based on skills and abilities. Each player will be given a rank between 1-5. One being a brand-new player with limited skills and abilities to five being an experienced player with higher skills. All U11 teams will be “B” division; therefore, all teams will be formed by a “draft.” Coaches will draw to decide who gets 1st, 2nd and 3rd pick etc. All teams must have the same number of players in each of the “rankings”.

Scrimmages will be set up prior to the season to ensure all B teams are equal in skills and abilities. JDFLA reserves the right to move players after the teams have been formed should they prove to be uneven.

U11 - JACK CROSBY TEAMS Forming of the team(s) for the Jack Crosby will be at the discretion of the President, Vice President and Head Coach for the U11 Division. Coaches that would like to form a team in a division (A2 or B) for the Jack Crosby Tournament must submit in writing to the Vice President no later than April 30th.

U7 & U9

VP in charge and Registrar will create the teams. As the Juan De Fuca Lacrosse Association Executive Committee has a responsibility to the members of the association to ensure parity in each division (to the best of their ability), if after the draft it is determined by the Executive that parity was not achieved, the Executive Committee Directors may impose a redrafting of players, or entire teams.

AMEND TO READ:

The Juan De Fuca Lacrosse Association Executive Committee has a responsibility to the members of the association to ensure parity in each division (to the best of their ability). After the initial teams have been formed, JDFLA reserves the right to move players should they prove to be uneven in numbers as a result of releases, withdrawals, injury or other. Competitive and noncompetitive divisions are determined in accordance with the VIMLC and VIFLL operating policies.

For competitive or tiered divisions, a brief layout of the process is as follows:

1. Assessment Committee(s) will be formed after the AGM.
2. The assessment committee and executive will determine if we are running tryouts for our A (Box) and Tier 1 (Field) teams or if we will be proceeding with assessments only.
3. The number of teams in each division will be determined by our registration numbers.
4. If we have 2 or more teams of the same caliber in each division, these teams will be balanced.

5. Assessors/Evaluators will be brought in to assess/evaluate the players in each division and must have no connection to the division they are assessing/evaluating.
6. Volunteers who are handling assessment/tryout results must have no affiliation to the division they are collecting the data for.

For non-competitive or non-tiered divisions, a brief layout of the process is as follows:

The primary objective in team selection for non-competitive divisions is to make every effort to create equally balanced teams in each division where there is more than one team. Keeping in mind the values and philosophy of the JDFLA. Well-balanced teams ensure that the quality and intensity of the games are satisfactory to all players.

1. Assessors will be brought in to assess and must have no connection to any players in the division.
2. Volunteers who are handling assessment results must have no affiliation to the division
3. Upon completion of the assessments, scores are calculated, and players are divided into groups based on their rankings. All teams must have the same number of players in each of the ranking groups.
4. For U7 & U9 groups, the VP in charge, Registrar and/or other executive members without a child in these divisions will create the teams. Multiple teams in each division will be balanced.

Formation of team(s) for the Jack Crosby Tournament will be at the discretion of the President, Vice President and Head Coach for the U11 Division. Coaches that would like to form a team in a division for the Jack Crosby Tournament must submit in writing to the Vice President no later than April 30th.

Refer to JDFLA Tryout and Assessment process for more details.

RATIONALE:

- Updating policy around Team Selection to simplify and align with BCLA policy.

11. Proposed by the Policy Committee

Amend: Under RISK MANAGEMENT – MEDICAL CONDITIONS

CURRENTLY READS:

Players or officials with medical conditions or an injury such as broken bones or concussions and in the opinion of the coach or the Executive Directors, may compromise the safety of to him/herself or too other JDFLA members will be asked for written clearance from their doctor to be on the floor. The official or player will not be allowed on the floor until this clearance has been obtained by the team manager and submitted to the Risk Manager.

AMEND TO READ:

A player or official with a medical condition or illness that may compromise the safety of him/herself or others, may be asked for written clearance from a medical professional or a written declaration from the player's guardian stating they have been medically cleared to be on the floor/field. The official or player will not be allowed on the floor/field until this clearance has been obtained by the Team Manager and submitted to the Risk Manager for review and is subject to the terms and conditions of any stakeholder's insurance coverage.

Team Head coaches and directors of the association have a duty to protect all players, and may at the ir discretion, ask for clearance from a medical professional for return to play.

RATIONALE:

- Updating policy around medical conditions and remove injury to avoid repetition and to ensure we are clear and consistent.

12. Proposed by the Policy Committee

Amend: Under RISK MANAGEMENT – INJURED PLAYERS

CURRENTLY READS:

This information is intended as general information only and should not form the basis of legal or medical advice or opinion of any kind. Medical or legal advice should be obtained by consulting a professional. In the event of serious injury, call 911 immediately.

It is an expectation of the JDFLA that coaches will exercise reasonable care over their players to prevent reasonably foreseeable risks. They are expected to take all necessary precautions in preventing injury and are entrusted that the best procedures will be followed should injury occur. Coaches must ensure that players and parent/guardians have been informed that there are inherent risks of injury for players and there is a remote possibility of an accidental catastrophic injury for lacrosse participants.

If there is a question of a neck or back injury to any player, they are NOT to be moved. Call 911 immediately. Notify the rink attendant, parent/guardian of the player and the JDFLA President as soon as possible.

Players must be made aware by their coach that if they are hurt and experiencing back or neck pain, or any buzzing or tingling in their neck, back, arms or legs, they MUST NOT move. Players experiencing nausea, dizziness, headache, light headedness, blurred or double vision or other symptoms of possible concussion must inform their coach immediately.

They will be escorted from the floor immediately to receive medical attention.

Players suffering an injury, which results in a stoppage of play, but is not deemed serious shall be removed from the floor when safe and shall not be allowed to return until they have sat out a minimum of one complete rotation of line changes.

Players who have been knocked unconscious, or have blacked out, no matter the duration, will not be allowed to continue to play in that game nor return to the floor without medical clearance from their doctor.

Players taken from the floor by ambulance may not return to the floor without medical clearance from a medical professional.

Players who suffer non-lacrosse related illnesses or injuries or who have been injured in any manner whereby they could not play lacrosse shall not return to playing without medical clearance from a medical professional. A signed written declaration from a medical professional or a guardian stating the player is medically cleared to play must be submitted to Team Manager, Risk Manager and their respective VP prior to the player returning to the floor/field. For head injuries, BCLA's concussion protocol must be followed, section 16.05 of the BCLA Operating Policy.

AMEND TO READ:

INJURIES

It is an expectation of the JDFLA that coaches will exercise reasonable care over their players to prevent reasonably foreseeable risk of injury. They are expected to take all necessary precautions in preventing injury and it is expected that the appropriate first aid and head injury protocols will be followed should injury occur. The National Coach Certification Program ([NCCP Manual](#)) details the appropriate actions for coaches to take in case of injury.

The following outlines the process and expectations for management of injuries:

- Where a player, coach, or an official has an injury that may compromise the safety of him/herself or other JDFLA members, they will be asked for written clearance from their doctor or a medical professional to participate in games or practices.
- The official or player will not be allowed on the floor until this clearance has been obtained by the team's manager and submitted to the Risk Manager, regardless of whether the injury or condition is sustained during lacrosse activities.
- When a player suffers a lacrosse related injury: The injury shall be reported to the association's Risk Manager. If the player requires medical intervention, they shall not return to playing without clearance from a medical professional. In the case of a head injury, the Concussion Protocols in accordance with section 16.05 of the [BCLA Operating Policy](#), shall be followed (Forms available at [Appendix H](#) of the BCLA Operating Policy).
- When a player suffers a non-lacrosse related injury that requires medical intervention, they shall not return to play without a clearance letter from a medical professional.
- Players who have minor injuries that did not require medical intervention may be granted return to play without a medical professional clearance letter.

At the discretion of the team's head coach, who shall consult with the appropriate director(s) of the Association prior to the acceptance of risk, an injured player may be invited to attend practices and/or games from the sidelines so long as the injured player is not going on the playing surface and is not participating in the practice drills without medical clearance from a medical professional that outlines any limitations. This arrangement is managed at the discretion of coaches present during practice s and games with guidance from the directors of the association and is subject to the terms and conditions of any stakeholder's insurance coverage.

RATIONALE:

- Updating policy around injured players to ensure we are clear and consistent.